

5,6 km Fitnesslauf am 06.01.2025

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Endzeit | |
|-----|-----|-----------------------------|-------------------------------|----|--------|---------|-------|
| 1 | 71 | Mechel, Tobias | AST Süßen | 90 | M 35 | 1 | 21:19 |
| 2 | 56 | Weigl, Philipp | TS Göppingen | 92 | M 30 | 1 | 21:37 |
| 3 | 869 | Seerig, Josephine | AST Süßen | 03 | W HK | 1 | 21:51 |
| 4 | 894 | Höfle, Matthias | | 94 | M 30 | 2 | 22:22 |
| 5 | 814 | Kottmann, Tim | Sparda-Team Rechberghausen | 07 | MJ U20 | 1 | 22:49 |
| 6 | 761 | Tchouga, Jugnia | TG Geislingen | 88 | M 35 | 2 | 23:08 |
| 7 | 709 | Hansen, Hannah | TSG Eislingen | 94 | W 30 | 1 | 23:31 |
| 8 | 865 | Böhringer, Thomas | Sparda-Team Rechberghausen | 68 | M 55 | 1 | 25:07 |
| 9 | 65 | Förster, Armin | Team Traktorwilli | 65 | M 60 | 1 | 25:39 |
| 10 | 72 | Westbrock, Anna | AST Süßen | 94 | W 30 | 2 | 26:12 |
| 11 | 59 | Aust, Sebastian | | 92 | M 30 | 3 | 26:37 |
| 12 | 777 | Coleman., PJ | Lebenshilfe Heiningen | 63 | M 60 | 2 | 27:02 |
| 13 | 859 | Benz, Julia | AST Süßen | 93 | W 30 | 3 | 27:31 |
| 14 | 26 | Schweitzer, Florian | DLRG Heiningen | 08 | MJ U18 | 1 | 27:35 |
| 15 | 880 | Steiner, Peter | albside Running | 67 | M 55 | 2 | 27:47 |
| 16 | 27 | Vökl, Martin | GSV Dürnau | 72 | M 50 | 1 | 28:44 |
| 17 | 669 | Schiek, Jesse | HBG Schw. Gmünd | 09 | MJ U18 | 2 | 28:51 |
| 18 | 670 | Schiek, Stephan | Obstbauverein Urbach | 71 | M 50 | 2 | 29:09 |
| 19 | 19 | Mattulat, Emma | | 08 | WJ U18 | 1 | 29:23 |
| 20 | 25 | Schweitzer, Lukas | DLRG Heiningen | 09 | MJ U18 | 3 | 29:24 |
| 21 | 66 | Kläger, Günter | Sun Runners | 60 | M 65 | 1 | 29:38 |
| 22 | 58 | Volenik, Annette | | 79 | W 45 | 1 | 29:45 |
| 23 | 3 | Pflüger, Brigitte | AST Süßen | 63 | W 60 | 1 | 29:47 |
| 24 | 881 | Thum, Simone | TV Treffelhausen | 69 | W 55 | 1 | 29:50 |
| 25 | 851 | Holzmann, Michael | | 66 | M 55 | 3 | 29:53 |
| 26 | 845 | Teschner, Oliver | | 98 | M HK | 1 | 30:00 |
| 27 | 837 | Grunicke-Hüftle, Christiane | | 80 | W 45 | 2 | 30:05 |
| 28 | 789 | Hohensteiner, Fabienne | | 88 | W 35 | 1 | 30:09 |
| 29 | 876 | Kurz, Titus | AST Süßen | 56 | M 65 | 2 | 30:14 |
| 30 | 62 | Schuler, Joel | SV Jungingen | 12 | MJ U14 | 1 | 31:14 |
| 31 | 864 | Michler, Gerd | Amnesty International | 72 | M 50 | 3 | 31:16 |
| 32 | 838 | Kuhn, Annalena | | 00 | W HK | 2 | 31:17 |
| 33 | 835 | Klügel, Pia | | 99 | W HK | 3 | 31:18 |
| 34 | 64 | Schuler, Ingo | SV Jungingen | 77 | M 45 | 1 | 31:21 |
| 35 | 55 | Schmorl, Dorothee | schneller, weiter, höher | 78 | W 45 | 3 | 31:38 |
| 36 | 75 | Maurmaier., Klaus | Team Traktorwilli | 59 | M 65 | 3 | 31:42 |
| 37 | 796 | Abt, Andreas | TV Faurndau | 80 | M 45 | 2 | 31:51 |
| 38 | 839 | Groß, Carlo | TV Jebenhausen | 89 | M 35 | 3 | 31:54 |
| 39 | 877 | Wörner, Bianca | | 95 | W 30 | 4 | 32:13 |
| 40 | 790 | Hohensteiner, Ralf | | 89 | M 35 | 4 | 32:26 |
| 41 | 855 | Schmid, Vera | | 97 | W HK | 4 | 32:35 |
| 42 | 836 | Hüftle, Heiko | | 85 | M 40 | 1 | 32:36 |
| 43 | 841 | Groß, Noah | TV Jebenhausen | 07 | MJ U20 | 2 | 32:58 |
| 44 | 668 | Käser, Marion | HBG Schw. Gmünd | 74 | W 50 | 1 | 33:12 |
| 45 | 847 | Seifried, Laura | | 96 | W HK | 5 | 33:27 |
| 46 | 732 | Schwegler, Wolfgang | DJK Göppingen | 42 | M 80 | 1 | 33:51 |
| 47 | 39 | Müller, Gerhard | Straßenbau Müller Jebenhausen | 60 | M 65 | 4 | 34:09 |
| 48 | 895 | Sauter, Birgit | AST Süßen | 65 | W 60 | 2 | 34:24 |
| 49 | 715 | Hildebrandt, Frank | AST Süßen | 61 | M 60 | 3 | 34:25 |
| 50 | 684 | Leins, Denis | AlbAktiv Lauf-Team | 89 | M 35 | 5 | 34:41 |
| 51 | 69 | Petzl, Tim | | 97 | M HK | 2 | 34:42 |
| 52 | 888 | Leyerer, Laura | | 78 | W 45 | 4 | 35:03 |
| 53 | 722 | Liebetrau, Isabell | | 82 | W 40 | 1 | 35:04 |
| 54 | 764 | Groß, Nico | | 91 | M 30 | 4 | 35:11 |
| 55 | 763 | Radziej, Martina | | 96 | W HK | 6 | 35:37 |
| 56 | 765 | Nusko, Alois Hermann | AST Süßen | 60 | M 65 | 5 | 36:07 |
| 57 | 778 | Wacker, Gunda | AST Süßen | 54 | W 70 | 1 | 36:42 |
| 58 | 48 | Grossmann, Anni | | 09 | WJ U18 | 2 | 36:49 |
| 59 | 47 | Leibold, Kerstin | | 82 | W 40 | 2 | 36:52 |
| 60 | 817 | Novotny, Annemarie | AST Süßen | 53 | W 70 | 2 | 37:19 |

| 5,6 km Fitnesslauf am 06.01.2025 | | | | | | | |
|----------------------------------|-----|-------------------|--------------------|----|--------|---|---------|
| Ergebnisliste | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | | Endzeit |
| 61 | 40 | Belle, Jessica | | 82 | W 40 | 3 | 38:31 |
| 62 | 4 | Graesel, Andreas | | 80 | M 45 | 3 | 38:32 |
| 63 | 63 | Rot, Lina | SV Jungingen | 10 | WJ U16 | 1 | 39:36 |
| 64 | 779 | Kielkopf, Uli | AST Süßen | 52 | M 70 | 1 | 39:38 |
| 65 | 37 | Becker, Silke | | 66 | W 55 | 2 | 39:42 |
| 66 | 38 | Schwämmle, Ulrike | AST Süßen | 65 | W 60 | 3 | 39:43 |
| 67 | 708 | Rusch, Sophie | | 88 | W 35 | 2 | 39:55 |
| 68 | 706 | Rusch, Roma | | 68 | W 55 | 3 | 40:42 |
| 69 | 52 | Zowislo, Martina | | 67 | W 55 | 4 | 42:08 |
| 70 | 771 | Simon, Amelie | | 15 | WK U12 | 1 | 45:00 |
| 71 | 770 | Simon., Erwin | | 84 | M 40 | 2 | 45:01 |
| 72 | 733 | Kölle, Elly | Feuerwehr Bad Boll | 17 | WK U10 | 1 | 45:49 |
| 73 | 67 | Sonne, Sabine | Sun Runners | 67 | W 55 | 5 | 48:21 |

| 5,6 km Fitnesslauf am 06.01.2025 | | | | | | | |
|----------------------------------|-----|----------------------|-------------------------------|----|--------|---|---------|
| Ergebnisliste - Männer | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | | Endzeit |
| 1 | 71 | Mechel, Tobias | AST Süßen | 90 | M 35 | 1 | 21:19 |
| 2 | 56 | Weigl, Philipp | TS Göppingen | 92 | M 30 | 1 | 21:37 |
| 3 | 894 | Höfle, Matthias | | 94 | M 30 | 2 | 22:22 |
| 4 | 814 | Kottmann, Tim | Sparda-Team Rechberghausen | 07 | MJ U20 | 1 | 22:49 |
| 5 | 761 | Tchouga, Jugnia | TG Geislingen | 88 | M 35 | 2 | 23:08 |
| 6 | 865 | Böhringer, Thomas | Sparda-Team Rechberghausen | 68 | M 55 | 1 | 25:07 |
| 7 | 65 | Förster, Armin | Team Traktorwilli | 65 | M 60 | 1 | 25:39 |
| 8 | 59 | Aust, Sebastian | | 92 | M 30 | 3 | 26:37 |
| 9 | 777 | Coleman., PJ | Lebenshilfe Heiningen | 63 | M 60 | 2 | 27:02 |
| 10 | 26 | Schweitzer, Florian | DLRG Heiningen | 08 | MJ U18 | 1 | 27:35 |
| 11 | 880 | Steiner, Peter | albside Running | 67 | M 55 | 2 | 27:47 |
| 12 | 27 | Völkl, Martin | GSV Dürnau | 72 | M 50 | 1 | 28:44 |
| 13 | 669 | Schiek, Jesse | HBG Schw. Gmünd | 09 | MJ U18 | 2 | 28:51 |
| 14 | 670 | Schiek, Stephan | Obstbauverein Urbach | 71 | M 50 | 2 | 29:09 |
| 15 | 25 | Schweitzer, Lukas | DLRG Heiningen | 09 | MJ U18 | 3 | 29:24 |
| 16 | 66 | Kläger, Günter | Sun Runners | 60 | M 65 | 1 | 29:38 |
| 17 | 851 | Holzmann, Michael | | 66 | M 55 | 3 | 29:53 |
| 18 | 845 | Teschner, Oliver | | 98 | M HK | 1 | 30:00 |
| 19 | 876 | Kurz, Titus | AST Süßen | 56 | M 65 | 2 | 30:14 |
| 20 | 62 | Schuler, Joel | SV Jungingen | 12 | MJ U14 | 1 | 31:14 |
| 21 | 864 | Michler, Gerd | Amnesty International | 72 | M 50 | 3 | 31:16 |
| 22 | 64 | Schuler, Ingo | SV Jungingen | 77 | M 45 | 1 | 31:21 |
| 23 | 75 | Maurmaier., Klaus | Team Traktorwilli | 59 | M 65 | 3 | 31:42 |
| 24 | 796 | Abt, Andreas | TV Faurndau | 80 | M 45 | 2 | 31:51 |
| 25 | 839 | Groß, Carlo | TV Jebenhausen | 89 | M 35 | 3 | 31:54 |
| 26 | 790 | Hohensteiner, Ralf | | 89 | M 35 | 4 | 32:26 |
| 27 | 836 | Hüftle, Heiko | | 85 | M 40 | 1 | 32:36 |
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| 30 | 39 | Müller, Gerhard | Straßenbau Müller Jebenhausen | 60 | M 65 | 4 | 34:09 |
| 31 | 715 | Hildebrandt, Frank | AST Süßen | 61 | M 60 | 3 | 34:25 |
| 32 | 684 | Leins, Denis | AlbAktiv Lauf-Team | 89 | M 35 | 5 | 34:41 |
| 33 | 69 | Petzl, Tim | | 97 | M HK | 2 | 34:42 |
| 34 | 764 | Groß, Nico | | 91 | M 30 | 4 | 35:11 |
| 35 | 765 | Nusko, Alois Hermann | AST Süßen | 60 | M 65 | 5 | 36:07 |
| 36 | 4 | Graesel, Andreas | | 80 | M 45 | 3 | 38:32 |
| 37 | 779 | Kielkopf, Uli | AST Süßen | 52 | M 70 | 1 | 39:38 |
| 38 | 770 | Simon., Erwin | | 84 | M 40 | 2 | 45:01 |

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|----------------------------------|-----|-----------------------------|--------------------------|----|--------|---|---------|
| Ergebnisliste - Frauen | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | | Endzeit |
| 1 | 869 | Seerig, Josephine | AST Süßen | 03 | W HK | 1 | 21:51 |
| 2 | 709 | Hansen, Hannah | TSG Eislingen | 94 | W 30 | 1 | 23:31 |
| 3 | 72 | Westbrock, Anna | AST Süßen | 94 | W 30 | 2 | 26:12 |
| 4 | 859 | Benz, Julia | AST Süßen | 93 | W 30 | 3 | 27:31 |
| 5 | 19 | Mattulat, Emma | | 08 | WJ U18 | 1 | 29:23 |
| 6 | 58 | Volenik, Annette | | 79 | W 45 | 1 | 29:45 |
| 7 | 3 | Pflüger, Brigitte | AST Süßen | 63 | W 60 | 1 | 29:47 |
| 8 | 881 | Thum, Simone | TV Treffelhausen | 69 | W 55 | 1 | 29:50 |
| 9 | 837 | Grunicke-Hüftle, Christiane | | 80 | W 45 | 2 | 30:05 |
| 10 | 789 | Hohensteiner, Fabienne | | 88 | W 35 | 1 | 30:09 |
| 11 | 838 | Kuhn, Annalena | | 00 | W HK | 2 | 31:17 |
| 12 | 835 | Klügel, Pia | | 99 | W HK | 3 | 31:18 |
| 13 | 55 | Schmorl, Dorothee | schneller, weiter, höher | 78 | W 45 | 3 | 31:38 |
| 14 | 877 | Wörner, Bianca | | 95 | W 30 | 4 | 32:13 |
| 15 | 855 | Schmid, Vera | | 97 | W HK | 4 | 32:35 |
| 16 | 668 | Käser, Marion | HBG Schw. Gmünd | 74 | W 50 | 1 | 33:12 |
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| 18 | 895 | Sauter, Birgit | AST Süßen | 65 | W 60 | 2 | 34:24 |
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| 24 | 47 | Leibold, Kerstin | | 82 | W 40 | 2 | 36:52 |
| 25 | 817 | Novotny, Annemarie | AST Süßen | 53 | W 70 | 2 | 37:19 |
| 26 | 40 | Belle, Jessica | | 82 | W 40 | 3 | 38:31 |
| 27 | 63 | Röt, Lina | SV Jungingen | 10 | WJ U16 | 1 | 39:36 |
| 28 | 37 | Becker, Silke | | 66 | W 55 | 2 | 39:42 |
| 29 | 38 | Schwämmle, Ulrike | AST Süßen | 65 | W 60 | 3 | 39:43 |
| 30 | 708 | Rusch, Sophie | | 88 | W 35 | 2 | 39:55 |
| 31 | 706 | Rusch, Roma | | 68 | W 55 | 3 | 40:42 |
| 32 | 52 | Zowislo, Martina | | 67 | W 55 | 4 | 42:08 |
| 33 | 771 | Simon, Amelie | | 15 | WK U12 | 1 | 45:00 |
| 34 | 733 | Kölle, Elly | Feuerwehr Bad Boll | 17 | WK U10 | 1 | 45:49 |
| 35 | 67 | Sonne, Sabine | Sun Runners | 67 | W 55 | 5 | 48:21 |

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